

## Report on the outcomes of a Virtual Mobility<sup>1</sup>

Action number: CA18211

Grantee name: RUVEYDE AYDIN

### **Virtual Mobility Details**

Title: Translation of Leaflets targeting Clinicians, Policy Makers, Families and Service Users

Start and end date: 30/09/2023 to 05/10/2023

### **Description of the work carried out during the VM**

Description of the virtual collaboration and activities carried out during the VM, with focus on the work carried out by the grantee. Any deviations from the initial working plan shall also be described in this section.

*(max. 500 words)*

Leaflets on the issues on birth-related trauma have been prepared by Working Group 6 of the COST Action CA18211 with the aim of targeting Clinicians, Policy Makers, Families, and Service Users. However, so far, these are only in the English language. The main objective of this VM is to translate these leaflets into at least one other language, in order to facilitate dissemination. In this way, I translated the original text from English into Turkish. These are proofread by professional native speakers and back-translated. This was read by an independent native speaker to ensure that the message delivered was clear and well-understood.

### **Description of the VM main achievements and planned follow-up activities**

Description and assessment of whether the VM achieved its planned goals and expected outcomes, including specific contribution to Action objective and deliverables, or publications resulting from the VM. Agreed plans for future follow-up collaborations shall also be described in this section.

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<sup>1</sup> This report is submitted by the grantee to the Action MC for approval and for claiming payment of the awarded grant. The Grant Awarding Coordinator coordinates the evaluation of this report on behalf of the Action MC and instructs the GH for payment of the Grant.

*(max. 500 words)*

Brochures on issues related to birth-related trauma, prepared by COST Action CA18211 Working Group 6 to target Clinicians, Policy Makers, Families and Service Users, were translated into Turkish with the support of VM. In this way, brochures will be shared with Turkish obstetric clinicians, their awareness of birth trauma will be increased and the number of studies and trainings will increase across the country. Increasing awareness of clinicians on this issue will contribute to the reduction of traumatic births.