



DEVOTION
COST ACTION CA18211
Perinatal Mental Health & Birth Related Trauma:
Maximising Best Practice & Optimal Outcomes



KU LEUVEN



3rd Training School of Devotion
Training School on Perinatal Mental Health and Birth Related
Trauma: Birth Trauma from a life-span perspective

February 20-23, 2023

Campus Gasthuisberg, Faculty of Medicine

Building: ON ALO (onderwijstoren 405-15)

Classroom ALO 05.100 – Versalius 05.100

Herestraat 49, 3000 Leuven

BELGIUM

FOR ONLINE ATTENDANCE

* Use zoom links in program below

* When the lecture is ongoing, please turn off your microphone and video. The lectures will be recorded, so if you do not want your photo/video to be taken, please turn off your camera/remove your name. Screenshots and photos can be taken during the meetings for the social media.

*If you encounter any difficulty with online attendance, please email hanne.vanuytsel@kuleuven.be

FOR ONSITE ATTENDANCE

*Free wi-fi will be available in the Room. Passcodes will be provided at the site.

*For information about the location, please see the last page.

*Contact details: Prof Annick Bogaerts, annick.bogaerts@kuleuven.be and hanne.vanuytsel@kuleuven.be

1. General Information

The main aim of Devotion COST Action CA18211 is to establish an EU funded multidisciplinary network of researchers dedicated to improving perinatal health care /outcomes and reduce birth related trauma. The Network comprises researchers from 33 partner universities across Europe working towards the prevention, assessment, measurement and treatment of birth related trauma. <https://www.ca18211.eu/>

2. What are Training Schools?

Since COST's priority is enhancing research collaboration where ideas and people can grow without borders. Training Schools aim to facilitate capacity building on a topic relevant to the theme of the respective COST Action through the delivery of intensive training on a new emerging subject.

Training Schools Grants provide support for intensive training on a new or emerging subject for PhD students and Early Career Researchers (ECR) from participating Inclusiveness Target Countries' (ITC).

Training Schools aim to facilitate capacity building on a topic relevant to the theme of the respective COST Action through the delivery of intensive training on a new or emerging subject.

Participants will be expected to **attend and participate at the Training School during the three days**. All attendees will be given the opportunity to present and discuss their work, and to network with other ECR's, The Training School trainers, mentors and the members of the DEVOTION COST Action. The Training School will be held face to face with a hybrid component where some lectures will link in virtually. There are 15 funded places for participants to attend face to face. Additional places for participants will be made available remotely.

Materials: The meeting is taking place face to face but there will be a hybrid component where some speakers will link in remotely. It is advised to have a computer with a stable and fast internet connection. Additional free software may be needed, which will be communicated closer to the date of the Training School and some reading material will also be shared in advance.

3. Eligibility

PARTICIPANTS

Training Schools Grants are open to all participants, but priority will be given to PhD students and early career researchers with a primary affiliation in an institution located in an ITC. Clinicians are also welcome.

4. How to apply

Send an application with a letter of motivation explaining how this training will benefit your research project and your scientific career (maximum 3,500 characters with spaces) as well as a brief CV to sylvia.murphy@ul.ie AND karevat11@gmail.com by **10th January 2022**. Applications will be forwarded to the Training School Committee, which will evaluate all submitted applications in the context of their compatibility and relevance with the topic of the Action.

A. EVALUATION CRITERIA

1. Being a PhD Student (10 points)
2. Being an Early Career Researcher (10 points)
3. Being affiliated to an Inclusiveness Target Country (ITC) (10 points)
4. Being an active member of DEVOTION (3 points) and currently conducting research/work within the action topics (7 points)
5. Relevance of the candidates' research and background assessed considering the following (max 10 points)
 - a) Content of publications on birth related trauma
 - b) Content of publications outside the Action's scope.

B. FUNDING

SUPPORT FOR SELECTED TRAINEES

The candidates will be rated according to the evaluation criteria. The top 15 candidates will be selected to attend the Trauma Informed Training School Face to Face. Additional places will be secured for those who wish to attend remotely.

Fifteen more candidates will be selected to attend online and will not be eligible for reimbursement of the expenses.

Prior to this training school: Each trainee must register for an e-COST profile at <https://e-services.cost.eu>

To be eligible, trainees must be from one of the following:

1. 1. COST Full Members/ COST Cooperating Members;
2. Approved Near-Neighbour Country Institutions;
3. Approved European RTD Organisations

Trainees from the following will not be reimbursed:

1. COST Partner Members
2. Approved IPC Institutions
3. Approved IO, EU Commission, Bodies, Offices and Agencies;
4. Other trainees not specifically mentioned as being eligible

5. Important Dates

Opening date for applications is Monday *12th December 2022*

Deadline for applications is 10th January 2023

You will be informed of the outcome of the application shortly after the applications close.

If accepted, you will be expected to attend the Training School in its entirety.

6. Training School Programme

Monday 20th February 2023

Objectives:

- Establishing a common language in problem conceptualization, study design, and critical appraisal
- Link longitudinal study design to understanding the impact of birth trauma across the life span, for parents and children
- Become aware of tools and resources and learn how to find these

Time in CET	Activity	Room
08.30-08.50	Registration	Ground floor entrance
09.00-10.00	Types of longitudinal study designs, their purposes, and their strengths & weaknesses – Carlo Schuengel	Room ALO 05.100 Zoom link
10.00-10.30	Break	
10:30-11:30	The impact of birth trauma across the life span – Olga Gouni	Room ALO 05.100 Zoom link
11:30-12:30	Journal club - mentors	Room ALO 05.100 Zoom link
12.30-14.00	Lunch Campus cafeteria	
14:00-15:00	Longitudinal study of long term impact of birth trauma: Current best practice and future prospects in the era of Open Science – Carlo Schuengel	Room ALO 05.100 Zoom link
15:00-15:45	Group discussion	Room ALO 05.100 Zoom link
15.45-16.00	Break	
16.00-17.00	Small group assignment: Collecting tools and resources	Room ALO 05.100 Zoom link
	End of training day 1	

Tuesday 21th February 2023

Objectives:

- Obtaining project management and documentation skills for transparent longitudinal research in the era of Open Science
- Become adept in causal modelling for conceptualizing research

Time in CET	Activity	Room
08.30-08.50	Registration	Ground floor entrance
9.00-10.00	Project management – (tbc)	Room ALO 05.100 Zoom link
10.00-10.30	Break	
10:30-11:30	Journal club: project definition	Room ALO 05.100 Zoom link
11:30-12:30	Small group assignment: Make a code book for your favourite instrument	Room ALO 05.100 Zoom link
12.30-14.00	Lunch Campus cafeteria	
14:00-15:00	Tbd - (tbc)	Room ALO 05.100 Zoom link
15:00-16:00	Journal club: conceptual modelling	Room ALO 05.100 Zoom link
16:00-17:00	Presentations and discussion	Room ALO 05.100 Zoom link
	End of training day 2	

Wednesday 22th February 2023

Objectives:

- Understanding special problems in longitudinal research and their possible solutions:
- testing causal models using the cross-lagged panel design
- missing values and imputation
- Understanding the strengths and limitations of selected longitudinal studies on birth trauma

Time in CET	Activity	Room
08.30-08.50	Registration	Ground floor entrance
9.00-10.00	Cross-lagged panel design: A developmental workhorse – Marleen de Moor	Room AUD ON4 Zoom link
10.00-10.30	Break	
10:30-11:30	Pre- and postnatal self-efficacy in the maternal nurturing role: Demonstrating the test of measurement invariance in a longitudinal pregnancy cohort study – Marleen de Moor	Room AUD ON4 Zoom link
11:30-12:30	Small group assignment: testing measurement invariance in a longitudinal synthetic dataset with missing values in R – Marleen de Moor	Room AUD ON4 Zoom link
12.30-14.00	Lunch Campus cafeteria	
14:00-15:30	Trauma sensitive scientific writing - what is possible? - Katharina Hartmann	Room AUD ON4 Zoom link
15:30-16:00	Group discussion and closure	Room AUD ON4 Zoom link
	End of training day 3	



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7. Biographies of Trainers, Mentors & Guest Lecturers

Trainers:

Prof Carlo Schuengel is a Full Professor, Faculty of Behavioural and Movement Sciences, Clinical Child and Family Studies at Vrije University in Amsterdam, Netherlands. Prof Schuengel aims to contribute insights into family relationships and the development of mental health and resilience, and into interventions that can support at risk parents and other caregivers in fostering high quality relationships with children. This goal is pursued by a combination of research on the Generations² longitudinal pregnancy cohort study, creation and synthesis of practice based and research based evidence, and intervention studies in partnership with intervention services and care organizations that support families, children, and people with disabilities. Attachment theory has been a major theoretical basis for this work since our program started in 2000.

Dr Marleen de Moor is an Associate Professor at the Erasmus School of Social and Behavioural Sciences Research, department of Methods and Techniques. Dr De Moor's research revolves around the questions how biological factors such as (epi)genetics and hormones are related to child development and parenting, and how we can apply novel methodologies to enhance our understanding of parenting in relation to child development.

Mentors & Guest Lecturers:

Olga Gouni

Prof Olga Gouni is Director of Cosmoanelixis, a psychotherapist and researcher specialising in Prenatal Psychology. She is Professor at the university of Kapodistrian, Greece; editor of the magazine The International Journal of Prenatal & Life Sciences; author of books "100 years of Prenatal Psychology" and "Stories from Embryoland", among others.

Katharina Hartmann

Dr. Phil. Katharina Hartmann (doctorate with a dissertation on "I Cantici di Fidenzio", homosexual love poetry of the Italian late Renaissance)

- former political activism coordinator of Human Rights in Childbirth,
- Initiator of the Roses Revolution Germany, the day of action against obstetric violence, and its moderator from 2013 to 2018,
- Founding member of Mother Hood e.V., German parents organisation around pregnancy, childbirth and the first year of life; Mother Hood responsible for science and international network, currently project manager of binational ERASMUS+ Project "PregChiLi - Parents for parents courses on pregnancy, birth and the first year of life"

- CA 18211 Member and working group leader
- Member of the consensus group of the German S3 guideline "Vaginal birth at term"
- Activist, lecturer, speaker, writer, WHO Maternal & infant health expert consultant, ...
- still wholeheartedly teaching German as a foreign language, if it somehow works and fits in between
- Mother of 3

Other names to follow

8. International Training School Committee Members

Sylvia Murphy Tighe (Chair International Training School) sylvia.murphy@ul.ie

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