

**Grant Period 1 meeting: 29<sup>th</sup> – 31<sup>st</sup> January 2020 Vrije Universiteit, Amsterdam**

**Day 1 (provides the scientific background to the various projects that each group is working on)**

**Wednesday, 29<sup>th</sup> January: Prof Susan Ayers to Chair.**

9am – 10am: ‘The conceptualisation of birth trauma and PTSD’ (Prof Susan Ayers)

**Scientific presentations from Working Groups – leaders to decide what issues to present to other delegates for possible collaboration**

10am – 10.45am: Working Group 1 leader: Dr Sigfridur Inga Karlsdottir - “Optimising the birth environment to reduce/prevent negative/traumatic birth experiences”

10.45am – 11am: Tea break

11am – 11.45am: Working Group 2 leader: Dr Marianne Nieuwenhuijze - “Understanding how culture, organisational structures and regional differences in service provision influence childbirth experiences”

11.45am – 12.20pm: Working Group 3 leader: Professor Mirjam Oosterman - “Short and long-term impacts on women, infants, and family relationships”

12.30pm – 1.30pm: Lunch break

1.30pm – 2.15pm: Working Group 4 leader: Dr Jonathan Turner - “Deepening our understanding of the intergenerational transmission of trauma through biomedical and epigenetic research”

2.15pm – 3pm: Working Group 5 leader: Dr Patrick Moran (Action Chair, Professor Joan Lalor to present on his behalf) - “Health Economic Analysis”

3pm – 3.15pm: Tea break

3.15pm – 3.45pm: Professor Soo Downe

3.45pm – 4pm: Professor Julie Jomeen

4pm – 5pm: Discussion – key questions for WG leaders to take into their sessions or at the MC meeting

5pm: room available for further discussions

**Day 2: Thursday, 30<sup>th</sup> January:**

9am – 1pm (with tea break from 10.45am to 11am): Working Groups – Agenda set by Working Group leader

1pm – 2pm: Lunch break

2pm – 3.30pm: Working Groups (continue from morning session)

3.30pm – 3.45pm: Tea break

3.45pm – 5pm: Working Groups working together on key activities as identified from the earlier sessions

5pm – 6pm: room available for further discussions

6.30pm: networking dinner

**Day 3: Friday, 31<sup>st</sup> January:**

9am – 10.30am: Working Group 6 leader: Professor Antje Horsch - Communications and Dissemination, website, training school/committee, Early Career Researchers and STSMs

10.30am – 10.45am: Tea break



**DEVOTION**  
COST ACTION CA18211  
Perinatal Mental Health & Birth Related Trauma:  
Maximising Best Practice & Optimal Outcomes

10.45am – 1.30pm: Management Committee meeting to discuss the Work and Budget Plan, requirements such as gender, Near Neighbouring Countries (NNCs), Early Career Researchers, plan the training school and future meeting dates and locations

1.30pm – 2.30pm: Lunch

2.30pm – 5pm: 'Tying up loose ends'